

# SOUTH BAY UROLOGY MEDICAL GROUP, INC.

A DIVISION OF USSC

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## BIOPSY OF THE PROSTATE

A prostate biopsy is a procedure that will help your doctor to determine if you have prostate cancer or - in some cases - to monitor for progression of an existing prostate cancer. It is performed using ultrasound guidance via a probe that is placed in the rectum. The ultrasound will allow your doctor to visualize the prostate for any abnormalities, determine the size of the prostate, and to target the biopsy needle. It is a routine procedure usually done in the office or at a surgery center.

### Before the procedure

- Allow approximately 60-90 minutes for the appointment; you may drive yourself
- No dietary restrictions or changes are required
- **Take one Cipro 500 mg (or other antibiotic if allergic) the morning of the procedure**
- **Inform your doctor if you have a prosthetic implant that requires antibiotics prior to invasive procedures**
- **Use a Fleet's Enema (available in any pharmacy) approximately two hours prior to the procedure**
- **Be certain that you stop taking any medications that increase the chance of bleeding (see attached list) one week prior to the procedure**

### The procedure

You will be escorted into the examination room and placed on your left side on the examination table. The ultrasound technician will then give you an additional injection of an antibiotic and then introduce the ultrasound probe into the rectum. S/he will then determine the size of the prostate and assess for any abnormalities.

The doctor will then enter the room and inject local anesthetic around the area of the prostate to decrease the discomfort from the biopsies. Twelve needle biopsies will be taken. In certain situations, more or fewer samples will be taken. During the procedure, you may notice increasing discomfort in the prostate, bladder, or urethral area and/or a sensation that you have to urinate. This is normal. The procedure itself will take no more than 10 minutes.

### After the procedure

**Take the second dose of Cipro 500 mg (or other antibiotic if allergic) the evening of the biopsy.** It is expected to have hematuria (blood in the urine) and hematochezia (blood in the stool) for a few days and even up to a few weeks after the procedure. Hematospermia (blood in the semen) is not unusual for up to a few months after the biopsy. Take it easy for the first couple of days, though you may return to work the day after the biopsy.

### Please report the following conditions:

- Heavy bleeding which is worsening (with blood clots) either in the urine or stools
- Fever > 101<sup>0</sup>F
- Inability to urinate

**As always, please do not hesitate to contact the office if any issues or questions arise**

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## Medications with Bleeding Risk

### A

A.A. Compound  
A.C.A. #4 Capsule  
Acephens Suppositories  
Advil  
Aleve  
Alka-Seltzer plus  
Alka-Seltzer Plus Sinus Allergy  
Alka-Seltzer Plus Cold and  
Night Time Cold Medicine  
Allerest Headache Strength  
Aluprin  
Ampheno 1  
Anacin  
Anacin Caps/Tablets  
Anacin Maximum  
Analyl  
Anodynos  
Amhralgen Tablets  
Amhralgen  
Amhropan  
Arthritis Pain Formula  
Arthritis Strength Bufferin  
ASA  
ASA Compound Capsules  
Ansemco #2 Tablets  
ASA Enseals  
APAC Tablets  
APAP Tablets  
Aspercin  
Asphac G Tablets  
Ascriptin A/D Tablets  
Ascriptin Xstrength Tablets  
Asprabuf  
Aspergum  
Aspir 10 (Vale)  
Azdone Tablets

### B

B.A.  
Bayer Aspirin  
Bayer Children's Aspirin  
Bayer Decongestant Tablets  
Bayer Maximum  
Bayer Timed Release Aspirin  
BC All clear  
BC Tablets & Powder  
Bextra  
Buf Tablets  
Bufex  
Buff A  
Buffadyne Lemon  
Buffaprin  
  
Bufferin  
Bufferin (Arthritis Strength)  
Buffering Xstrength  
Buffets  
Buffinol

### C

Cana (In Lay Tablets)  
Celebrex  
Chewable Tablets  
Clinoril  
Congesprin Chewables  
Cope  
Coricidin  
Coricidin D  
Coricidin Demilets (Children's)  
Coricidin Medlets  
Cosprin  
Coumadin  
CPZ Tablets  
Cystex

### D

Damason  
Datril  
Darril 500  
Dewitt Pills  
Disalcid  
Dasin Capsules  
Doans Pills  
Dolcin  
Dolor  
Dristan  
Duoprin Capsules  
Duoprin Syrup  
Duradyne  
Dularin Syrup  
Dynosal Tablets

### E

Easprin  
Ectrin  
Emagrin  
Empirin Analgesic  
Empirin Compound  
Empirin with Codeine  
Encapin  
Equagesic Tablets  
Excedrin  
Excedrin PM  
Excedrin APAP Tablets

### F

Febrinol  
Feldene  
Femcaps  
Fiorinal Caplets & Tablets  
Fizzin Powder  
Four Way Cold Tablets

### G

Gavsals Tablets  
Gemnisyn (Rorer)  
Goody's Extra Strength Tablets  
Goody's Headache Powder

### H

Hyalex  
Hipirn (Blane)

### I

Ibuprofen  
Indocin

### L

Liquiprin Solution  
Lortab ASA Tablets

### M

Magneprin  
Magnaprin Arthritis Strength  
Meadache  
Measurin (Time Release)  
Meclomen  
Midol (Ibuprofen)  
Mobigestic  
Motirn  
Momentum Muscle Backache

### N

Nalfon  
Naprosyn  
Neocylate  
Neolin  
Nilain  
Nilprin 7 ½  
Norwich ASA

### P

Pabralate  
Pabirin  
PAC  
Pepto Bismol Tablets  
Percodan  
Percogesic  
Presalin  
Panodynes Analgesic

### Q

Quiet World Tablets

### R

Rufen

### S

SAC  
Salatin  
Saletto  
SalFayne Capsules  
Salocol  
Saw-Palmetto  
SineAid

Sinearest  
SineOff  
SK-Apap tablets  
Soma Compound  
St. Joseph Aspirin (children's)  
St Joseph Cold (Tablets for child)  
Stanback Tablets & Powder  
Stanco  
Supac  
Synalgos DC Capsules

### T

Talwin Compound  
Tempura Syrup & Drops  
Tenol  
Therapy Bayer ASA Caplets  
Triagesic  
Tn Pain Capletes  
Tniaminacin  
Triisate

### U

Uracel 5  
Ursinus

### V

Valadol Tablets & Liquid  
Valesin  
Vanequish Caplets  
Verin  
Viro-Med Tablets  
Vitamin E  
Vioxx

### W

Wesepirin Buffered

### Z

Zocor  
Zorpin

### ANTIDIARRHEAL MEDICATIONS

(Beecham) Corrective Measure  
(Pfeiffer) Kaodene Non-Narcotic  
(Rexall) Pab inol with Paragoric  
(Norwich) Pepto Bismol